

ACTIVITY HANDOUT: PROMOTING DISABILITY-INCLUSIVE ATTITUDES

[MODULE 1: Understanding Disability and Inclusion]

For each type of negative attitude, come up with a more disability-inclusive statement that a health worker can say instead.

Negative attitudes	Disability-inclusive attitudes
1. Inferiority: Believing persons with disability are inferior because of their impairment. <i>"We usually see the mothers with disability after we have seen all of the other patients because if they miss out on an appointment it doesn't matter as much for them."</i>	Statement:
2. Fear and avoidance: Avoiding a person with disability because of fear of saying or doing the "wrong" thing. <i>"When a mother who is deaf or hard of hearing comes to the clinic, I leave her to be seen by the other staff. I don't know sign language and I am worried I won't be able to communicate with her."</i>	Statement:
3. Stereotyping: Assuming what persons with disabilities need or do not need <i>"No need for a screening. Refer this mother with disability to specialized services because she most likely struggles with feeding her child."</i>	Statement:
4. Denial: Not believing a person with disability or recognizing the impact of the impairment, or denying reasonable accommodation where needed. <i>"This mother says she has a disability but she looks the same as everyone else to me. Why should I spend longer counseling her?"</i>	Statement:
5. Pity: Feeling sorry for a person with disability, leading to patronizing behavior <i>"When I see children with disabilities at the clinic, I feel sorry for their mothers. I talk to them about how hard it must be for them."</i>	Statement: